

## Backpacking Resources

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- 1) Equipment
  - a. Boots
    - i. Snyderman's Shoes/New Balance of Fort Myers
  - b. Packs
    - i. Internal vs. External
      1. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/rghbkpk3f.jsp>
    - ii. Fit of Pack.
      1. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/fitbkpk2f.jsp>
    - iii. Packing your Pack
      1. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/packing2f.jsp>
  - c. Clothing
    - i. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/bkclothf.jsp>
    - ii. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/socks3f.jsp>
  - d. Stoves
    - i. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/bkstove3f.jsp>
  - e. Water Purification
    - i. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/clwatertreatf.jsp>
- 2) Food
  - a. Home Dehydration
    - i. <http://www.americanharvest.com/products/?category=300>
  - b. Freeze Dried
    - i. <http://www.backpackerspantry.com/>
    - ii. <http://www.mountainhouse.com/>
- 3) Trek Planning
  - a. Loop Hikes vs. Thru Hikes
    - i. On a loop hike, you return to where you started.
    - ii. A thru hike ends in a different location from where you started requiring special transportation planning
  - b. Water
    - i. Make certain that water is available along the trail OR that you can drop water in strategic locations along the trail prior to departing
  - c. Obtaining Maps (See orienteering documentation)
  - d. Special Use Permits
    - i. Florida Department of Forestry requires a special use permit to stay in the backcountry. All you need to do is call the ranger station about a month in advance of your trip and they'll walk you through all of the details.
  - e. Leave a trip plan with someone who is not going in order to have them watch for your return. If you do not return on schedule, they can notify the proper authorities
  - f. Local Places to Go
    - i. Myakka River State Park
    - ii. Withlacoochee State Forest
    - iii. Lake Wales Ridge State Forest

## Misc Links:

Online shopping:

<http://www.campmor.com>

<http://www.sportsmansguide.com>

<http://www.rei.com>

<http://www.backcountry.com>

<http://www.msrcorp.com/>

Trail information:

<http://www.dep.state.fl.us/gwt/guide/index.htm> (Trails guide for Florida)

<http://www.florida-trail.org/>

<http://www.gorp.com>

Everything you need to know to get started!!

1. <http://www.rei.com/online/store/LearnShareDetailArticlesList?categoryId=Camping&url=rei/learn/camp/clbkbeginf.jsp>
2. <http://www.rei.com/online/store/LearnShareArticlesList?categoryId=Camping>

Books:

- 1) BSA Backpacking Merit Badge book
- 2) [The Backpacker's Handbook Second Edition by Chris Townsend](#) ISBN: 0070653151
- 3) [The Backpacker's Handbook Third Edition by Chris Townsend](#) (Note: Added to list by MRM)