

How Much Can You Fit in Your NALGENE Bottle?

"I use 1 of my 32oz wide mouth smoke bottle for a survival kit. I put a heat warmer, emergency blanket, matches, 2 fire starter sticks, 2 granola bars, insect repellent packet, pocket knife, bandaids, ointment, spare compass, water purifying tablets, and a film canister with some fishing line, hooks, weights, flies (small fishing kit). I will always have a way of getting water purified. The bottle makes a air/water tight container that floats. There is still room in there for a few more items if need.

I also vacuum sealed the matches, firesticks, bandaids, and pocket knife for less movement/wear and to keep it a more sterile environment inside the bottle. I also roll up a zip lock baggy and stuff it in so I can put all the contents in it if I have to use the bottle.

Its fun to see what else I can get in there."

-Chris Hadaway
Buckley, WA

- Water bottle (Nalgene-style)
- Space (reflective) blanket
- Good multi-tool
- Needle and thread
- Small first aid kit (like the Coghlan's Pack I)
- Matches
- Tinder (buy some, or soak a cotton ball in alcohol and wrap it in tinfoil)
- Flint and steel striker
- Duct tape (cut into strips and attach parchment paper to the back)
- Whistle (try to put this on the outside of the bottle, i.e. on the loop part)
- Signal mirror
- Water purification tablets
- Fishing line, hooks, and sinkers
- Button compass
- Glow stick (optional). Buy three small ones to make a triangle (a wilderness distress signal)
- Tea bags, bouillon cubes, sugar packets, etc. (optional)
- As much good quality rope that you can fit once the rest is packed

. If it's in your kit and you don't know how to use it....It's useless.

2. If you can't reach your kit when you need it....Its useless.

These are items we added to the water bottle survival kits

You Need:

Pain reliever (aspirin/Ibuprofen/Aleve/Tylenol/etc.)

Metal camping cup.

Pocket knife

Water purification tablets (opt)

Some band aids

Gauze pads (couple

Propel tubes / tea bags

Hard Candy

Fifty cents